



helping individuals regain or retain independence

Rehabilitation Therapy at Bethesda on Turkey Creek

We provide individualized outpatient rehab services to qualifying individuals. Our outpatient rehabilitation services include: Occupational, Physical, and Speech therapies.

Our approach features a cohesive, interdisciplinary rehabilitation team not found in most post-acute settings. Our team includes Physical Therapists, Occupational Therapists, Speech-Language Pathologists, and their assistants working together with the center to assist patients in reaching and maintaining their maximum potential.

Physical Therapy

Physical therapy restores function for individuals who have experienced neuromuscular or skeletal dysfunction. Individualized therapeutic treatment may include:

- Training in mobility, gait stability, posture and positioning
- Exercise programs to increase muscle function, coordination and endurance
- Joint and soft tissue mobilization to increase range-of-motion
- Wound care
- Pain management

Occupational Therapy

Occupational therapy assists individuals with adapting to their social and physical environment.

Our therapists enhance functionality through:

- Education and training in areas such as dressing, bathing, eating and grooming
- Activities for memory, orientation and cognitive integration
- Adaptive techniques or equipment to overcome physical disabilities
- Strengthening and coordination exercises
- Exercises to reduce the effects of arthritis or other conditions to maintain normal joint movement

Speech-Language Pathology

Speech therapy addresses communication and swallowing dysfunction. Treatment plans are designed for individual needs, such as:

- Recovery of speech, language and memory skills
- Verbal and non-verbal communication, including programs for the hearing impaired
- Oral muscle functioning and strength required for speaking and swallowing
- Appropriate diet recommendations

Bethesda on Turkey Creek
2800 Fordham Rd NE, Palm Bay, FL