




Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>1</p> <p>10:00 Bethesda Church Service 11:00 Catholic Communion 2:00 Afternoon Movie!</p>	<p>2</p> <p>9:30 Daily Chronicle 10:00 Sit & Fit 10:30 Refreshments 11:00 In The Garden! 2:00 Busy Bag Games</p>	<p>3</p> <p>9:00 Bible Study 9:30 News & Views 10:00 Stretch & Flex 10:30 Refreshments 11:00 Fact Or Fiction 1:00 Bethesda Choir 2:00 Deck-o-Cards Games</p>	<p>4</p> <p>9:30 Dear Abby 10:00 Prime Time Fitness 10:30 Refreshments 11:00 Famous Couples 1:45 Pet Visit w/ HoneyBell 2:00 Pumpkin Pics & Paintings 3:30 Balloon Tennis</p>	<p>5</p> <p>9:30 Current Events 10:00 Sit & Fit 10:30 Sing-a-Long w/ Melissa (AL) 2:00 Dice Wars 3:00 Makin' Music 4:00 Hangman</p>	<p>6</p> <p>9:30 Daily Chronicle 10:00 Daily Burn Fitness 10:30 Refreshments 11:00 Finish the Phrase 2:00 M & M's Game 2:30 Afternoon Movie 3:30 Love & Laughter</p>	<p>7</p> <p>10:30 Morning Glory (Nondenominational Church Service) 2:00 Music with Kenny & Tracy 2:30 Afternoon Movie</p>
<p>8</p> <p>10:00 Bethesda Church Service 11:00 Catholic Communion 2:00 Afternoon Movie!</p>	<p>9</p> <p> 9:30 Extra Extra! 10:00 Chair Dancing! 10:30 Refreshments 11:00 Finish The Phrase 2:00 Shout out the Answer</p> <p><small>Columbus Day (US) Thanksgiving Day (Canada)</small></p>	<p>10</p> <p>9:00 Daily Devotions 9:30 Daily Chronicle 10:00 Step It Up Fitness 10:30 Refreshments 11:00 In The Garden! 1:00 Bethesda Choir 2:00 Jenga! 3:30 Hand Massages & Aromatherapy</p>	<p>11</p> <p>9:30 News & Views 10:00 Daily Burn Fitness 10:30 Refreshments 11:00 Fact or Fiction 1:45 Pet Visit w/ HoneyBell 2:00 Pumpkin Spice Coffee Clache 3:30 Fidget Pads</p>	<p>12</p> <p>SPA DAY 9:30 Manicures w/ Melissa in Begonia Court 10:00 Chair Dancing! 10:30 Refreshments 11:00 Thing that go Together 2:00 Quoits 3:00 Let's Sing</p>	<p>13</p> <p>9:30 Scenic Drive 10:30 Refreshments 11:00 This or That 2:00 Happy Hour with Music by Steve Baum! 2:30 Afternoon Movie 3:30 Connect Four!</p>	<p>14</p> <p>10:00 Music & Memories 11:00 Brain Teasers 2:00 Balloon Tennis 2:30 Afternoon Movie</p>
<p>15</p> <p>10:00 Bethesda Church Service 11:00 Catholic Communion 2:00 Afternoon Movie!</p>	<p>16</p> <p>9:30 Current Events 10:00 Fit Happens 10:30 Refreshments 11:00 Fact or Fiction 2:00 Dominoes</p>	<p>17</p> <p>9:00 Pray Everyday 9:30 Extra Extra! 10:00 Sit & Fit 10:30 Refreshments 11:00 Finish The Phrase 1:00 Bethesda Choir 2:00 Busy Bag Games 3:30 Hand Massages & Aromatherapy</p>	<p>18</p> <p>9:30 Daily Chronicle 10:00 Stretch & Flex 10:30 Refreshments 11:00 In The Garden! 2:30 Happy Hour & Monthly Birthday Celebration with Guitar Dan!</p>	<p>19</p> <p>9:30 Dear Abby 10:00 Fit Happens 10:30 Sing-a-Long w/ Melissa (AL) 2:00 Deck-O-Cards Games 3:00 Moving with the Music 4:00 This or That</p>	<p>20</p> <p>9:30 News & Views 10:00 Music w/ Nathan Knoll 10:30 Refreshments 11:00 Famous Couples 2:00 Dice Wars 2:30 Afternoon Movie 3:30 Tumblin' Tower</p>	<p>21</p> <p>10:30 Morning Glory (Nondenominational Church Service) 1:30 Cranium Crunchers 2:00 Afternoon Movie</p>
<p>22</p> <p>10:00 Bethesda Church Service 11:00 Catholic Communion 2:00 Afternoon Movie!</p>	<p>23</p> <p>9:30 Horoscopes 10:00 Prime Time Fitness 10:30 Refreshments 11:00 This or That 2:00 M&M's Game</p> <p></p>	<p>24</p> <p>9:00 Bible Study 9:30 Current Events 10:00 Chair Dancing! 10:30 Refreshments 11:00 Fact Or Fiction 1:00 Bethesda Choir 2:00 Shout out the Answer 5:30 Passport Dining</p>	<p>25</p> <p>9:30 Extra Extra! 10:00 Step It Up Fit 10:30 Refreshments 11:00 Finish the Phrase 1:45 Pet Visit w/ HoneyBell 2:00 Pumpkin Dump Cake Social 3:30 Fidget Pads</p>	<p>26</p> <p>SPA DAY 9:30 Manicures with Melissa 10:00 Prime Time Fitness 10:30 Refreshments 11:00 In The Garden! 2:00 Jenga! 3:00 Sing-a-Long 4:00 Finish the Saying</p>	<p>27</p> <p>9:30 Current Events 10:00 Sit & Fit 10:30 Refreshments 11:00 Fact or Fiction 2:00 Quoits 2:30 Afternoon Movie 3:30 Old Jokes for Old Folks</p>	<p>28</p> <p>10:00 Music: Swing! 11:00 Call Out the Answer Trivia! 2:00 Noodle Ball 2:30 Afternoon Movie</p>
<p>29</p> <p>10:00 Bethesda Church Service 11:00 Catholic Communion 2:00 Afternoon Movie!</p>	<p>30</p> <p>9:30 Dear Abby 10:00 Daily Burn Fitness 10:30 Refreshments 11:00 Finish the Phrase 2:00 Dominoes</p>	<p>31</p> <p> 9:30 Horror – Scopes! 10:00 Fit Happens 10:30 Refreshments 1:00 Bethesda Choir 2:00 Halloween Party</p> <p><small>Halloween</small></p>	<p>October 2017</p>			

Activities are Subject to Change